

GA²LEN Allergy School
Allergy Management in 2024:
from the skin to the nose and beyond
Location: Hotel Meliá Sitges, Spain



The GA²LEN Allergy Management in 2024: from the skin to the nose and beyond, Sitges, Spain has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **8.0 European CME credits** (EACCME®).



DAY 1 - Friday, 18th October 2024		Faculty
08.30 - 09.00	Documentation pick-up	All GA ² LEN Faculty led by Prof J. Mullol and Prof T. Zuberbier
09.00 - 09.15	Welcome and introduction to the programme	
09.15 - 09.30	GA ² LEN Knowledge Test	All GA ² LEN Faculty
09.30 - 09.50	Update on ARIA Guidelines (plenary room)	Prof. Joaquim Mullol
09.50 - 10.00	Questions and Answers	
10.00 - 10.20	The crosslink between allergic rhinitis and food allergy (plenary room)	Prof. Joan Bartra
10.20 - 10.30	Questions and Answers	
10.30 - 11.00	<i>Coffee break</i>	
11.00 - 11.20	Socioeconomic impact of allergic rhinitis and urticaria (plenary room)	Prof. Torsten Zuberbier
11.20 - 11.30	Questions and Answers	
11.30 - 11.50	Chronic urticaria in children and adolescents. Is it correctly diagnosed and treated?	Prof. Vicky Xepapadaki
11.50 - 12.00	Questions and Answers	
12.00 - 12.20	Anti-allergic & Anti-inflammatory effects of antihistamines (plenary room)	Dr. Rosa Muñoz-Cano
12.20 - 12.30	Questions and Answers	
12.30 - 12.50	Updates on EAACI/GA²LEN Guideline for the treatment of Urticaria (plenary room)	Prof. Torsten Zuberbier
12.50 - 13.00	Questions and Answers	
13.00 - 14.30	<i>Lunch</i>	

Workshops	RESPIRATORY	SKIN	Faculty
14.30 - 15.15	Respiratory (R) WKS2 "The Curious Case of the Runny Nose" Paediatric Allergic Rhinitis: "A Detective Story"	Skin (S) WKS1 Update on Urticaria: pathophysiology and mechanisms	Prof. Vicky Xepapadaki (R) Prof. Ana Giménez-Arnau (S)
15.15 - 16.00	Respiratory (R) WKS2 Hands-on course Nasal Endoscopy	Skin (S) WKS2 Urticaria or Mimic? The Game Show of Skin Reactions: 'Is It Urticaria - or Not?'	Prof. Isam Alobid (R) Prof. Vicky Xepapadaki (S)
16.00 - 16.45	Respiratory (R) WKS3 How to assess the loss of smell	Skin (S) WKS3 Hands-on course skin prick testing	Prof. Joaquim Mullol (R) Dr. Rosa Muñoz-Cano (S)
16.45 - 17.15	Coffee break		
20.00 - 23.00	Dinner		
DAY 2 - Saturday, 19th October 2024			Faculty
CLINICAL CASES SESSION			
09.00 - 11.30	Presentation and discussion of clinical cases previously selected by the jury (8 minutes per case / 2 minutes discussion. Please see the guideline on submitting clinical cases online)		Dra. Rosa Muñoz Prof. Torsten Zuberbier Prof. Anna Sala-Cunill
11.30 - 12.00	Coffee break		
12.00 - 12.30	Final GA ² LEN Knowledge test		All GA ² LEN Faculty led by Prof J. Mullol and Prof T. Zuberbier
12.30 - 13.00	Discussion of Exam results and rationale		
13.00 - 13.15	Summary and Conclusion		
13.15 - 13.30	Close of Allergy School and goodbyes		
13.30 - 14.30	Lunch		

Learning outcomes and summary

The GA²LEN Allergy School "Allergy Management in 2024: From the Skin to the Nose and Beyond," a dynamic and informative educational event taking place at the exquisite Hotel Meliá Sitges, Spain. This educational event has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 8.0 European CME credits (EACCME®). The two-day program is designed to deepen participants'

understanding of cutting-edge developments in allergy management from the skin to the nose and beyond.

Day 1 - Friday, 18th October 2024

The event kicks off with an engaging welcome from the esteemed GA²LEN Faculty, led by Prof. Joaquim Mullol and Prof. Torsten Zuberbier. Throughout the day, participants will delve into a range of topics, including an update on ARIA Guidelines by Prof. Joaquim Mullol, the interconnectedness of allergic rhinitis and food allergy by Prof. Joan Bartra, and the socioeconomic impact of allergic rhinitis and urticaria by Prof. Torsten Zuberbier.

The day also features insightful lectures on pediatric allergy/urticaria, anti-allergic & anti-inflammatory effects of antihistamines, and updates on EAACI/GA²LEN Guideline for the treatment of Urticaria.

Workshops by Prof. Vicky Xepapadaki, Prof. Isam Alobid, Prof. Joaquim Mullol and Dr. Rosa Muñoz-Cano on respiratory and skin topics, include hands-on sessions and provide a more interactive learning experience.

Day 2 - Saturday, 19th October 2024

The second day starts with our clinical case discussions, offering a platform for in-depth exploration and analysis of selected cases led by experts such as Dr. Rosa Muñoz-Cano, Prof. Torsten Zuberbier, and Prof. Anna Sala-Cunill.

The day concludes with a final GA²LEN Knowledge test, a comprehensive discussion of exam results, and a summary and conclusion session. The Allergy School equips the attendees with the latest insights and knowledge in allergy management.

Throughout the event, participants can expect to enhance their understanding of updated guidelines, advancements in urticaria treatment, and practical skills in respiratory and skin assessments. The program provides a unique opportunity to engage with leading experts in a sociable setting, sharing clinical experiences, and gaining valuable insights into the evolving landscape of allergy management in 2024.